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COMMUNICATION
APPARENCE
TEXTILE
VÊTEMENT
**CEINTURE**

05-POUVOIR
VIOLENCE
**SÉCURITÉ**

02-ESPACE
ENVIRONNEMENT
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# ceinture de sécurité

The seat belt is one of the innovations that has contributed most to reducing the consequences of traffic accidents. Attached to the vehicle seat, it restrains the body during sudden decelerations and limits the risk of serious injury. Its history reveals an interesting paradox. It illustrates how a voluntary constraint can become a prerequisite for freedom of movement. Without it, modern forms of rapid mobility would be far more dangerous. The seat belt is thus part of a long history of body protection devices. It also offers a lens through which to examine the relationships between technology, individual responsibility, and public policy. A mundane object of daily life, it nonetheless bears witness to a profound transformation in the culture of travel during the 20th century.