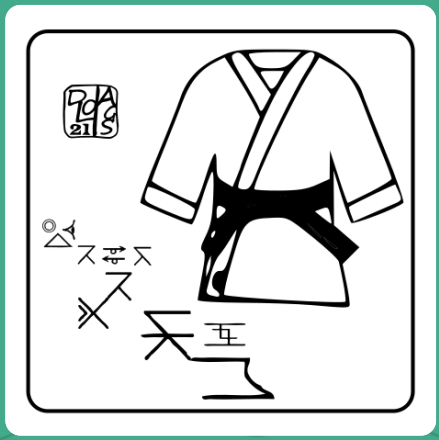


03-SOCIÉTÉ
JEU
SPORT
ART MARTIAL

07-
COMMUNICATION
APPARENCE
TEXTILE
VÊTEMENT
CEINTURE

JAPON

ceinture (arts martiaux)

The martial arts belt retains its practical function of holding the uniform in place, while also taking on educational and symbolic significance. In disciplines such as judo, karate, and aikido, the color of the belt indicates the practitioner’s level of progress. This relatively recent system has become one of the most recognizable symbols of the transmission of martial arts knowledge. The belt represents a journey rather than a definitive status. It serves as a reminder that knowledge is built step by step, within the relationship between teacher and student. Its significance extends far beyond the realm of sports. In many countries, it has become a universal symbol of learning grounded in effort, discipline, and perseverance. The martial arts belt thus demonstrates how a simple piece of fabric can become a visible sign of inner transformation.